



# Short and Long-Term Skilled Nursing Care



## A Non-Profit Mission to Elevate

**Skilled Nursing Care**—and that's an important difference. It means you'll have a partner that's focused on what's in the best interest of you and your family; providers who believe that caring for you is their calling; and the amenities of an organization that reinvests everything back into our people and our places. It's a model of care that is redefining what skilled nursing and rehabilitation can be.

## Free Family Navigation

Navigating your healthcare can be an overwhelming process. WellSential Health is here to help with free family navigation support from the very start. Our team meets you exactly where you are in your journey and guides you to answers and resources you need to take your next steps with confidence.

## Heart of the Community

### Programming

Many healthcare facilities can feel isolating from the "real world." WellSential Health is different. Our Heart of the Community programming makes it easy for you to stay active in the life that you already love. From local football games to town parades, bingo nights to Easter egg hunts, every day brings new ways for you to connect with your world.

## Best-In-Class Rehabilitation

With skilled care providers, we do not outsource our rehabilitation services. That's because we believe in delivering a WellSential Health experience that lives up to our highest standards. You'll always have a proven team of in-house rehabilitation experts you know and trust to help you recover as quickly as possible.

## Complex Care Readiness

If your health needs should ever change, WellSential Health is always ready. From our multi-facility care clusters to our advanced care teams, we're able to care for even the most complex health challenges. It's more than proactive care—it's total peace of mind.

820 Camelot Drive  
Harlingen, TX 78550  
Phone: 956-423-2663  
[www.wellsentialhealth.org](http://www.wellsentialhealth.org)

\*We accept: Medicare, Medicaid, Managed Care, VA & Private Pay

## FREE LIVER SCREENINGS AT:

Rio Hondo Senior Center  
Wednesday, March 25<sup>th</sup> 2026 @ 8:30AM  
121 N. Arroyo Blvd, Rio Hondo Tx 78583



## Windsor Nursing and Rehabilitation Center

of Harlingen WellSential Health - A Non-Profit Company

*WellSential Health is the non-profit skilled nursing and rehabilitation partner that believes in making better health and wellness possible for all.*





## MEET YOUR LOCAL WESLEY NURSE

A Wesley Nurse is a faith-based community nurse that uses a holistic approach - mind, body and spirit - to help the community in many ways, such as free services that encourage a healthy lifestyle for all members of the community.

The Wesley Nurse program spans 80 sites throughout South Texas and is Methodist Healthcare Ministries' largest geographic outreach program.

While the Wesley Nurse program is a component of Methodist Healthcare Ministries' ecumenical outreach and located within churches, it does not teach a particular set of denominational beliefs. Programs are offered to groups or on an individual basis.

At Methodist Healthcare Ministries, our goal is to help every patient thrive. We do this by listening carefully and putting each person's needs at the center of their health care. Whether it's physical or emotional pain and stress, our compassionate team works together to help them live healthier lives.

### Programs and services include:

- Health education
- Individualized diabetes education
- Diabetic supplies
- Referral assistance
- Facilitation of resources
- Wellness classes

For more information, contact:

Rosa I Garza, RN  
Culture of Life Ministries  
402 E Van Buren ,Harlingen, TX 78550  
(210) 802-1047



SERVING HUMANITY TO HONOR GOD

Methodist Healthcare Ministries of South Texas, Inc. is a private, not-for-profit organization dedicated to creating access to health care for the uninsured through direct services, community partnerships and strategic grant-making in 74 counties across South Texas. Learn more at [www.mhm.org](http://www.mhm.org).

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# ARE YOU 60+ YEARS OLD AND NEED SUPPORT?

WE ARE HERE TO HELP YOU CONNECT WITH  
**FREE** COMMUNITY RESOURCES

- HELP COMPLETING APPLICATIONS
- CLOTHING
- MEDICAL EQUIPMENT
- FOOD
- HEALTH INSURANCE
- HOME IMPROVEMENTS
- MEDICATION SAVINGS
- MENTAL HEALTH SUPPORT GROUPS
- PHYSICAL ACTIVITIES
- TRANSPORTATION & CAREGIVER ASSISTANCE
- HELP WITH HOUSE BILLS



SAVE THE  
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# DIAGNOSED WITH DEMENTIA?

Caring for someone with dementia or experiencing Memory Problems? **YOU ARE NOT ALONE**

## WE ARE HERE TO HELP YOU

- Understand the brain disease
- Cope with the changes
- Offer guidance and support

## WE WILL CONNECT YOU WITH RESOURCES SUCH AS:

- Dementia Engagement Events
- Caregiver Support Groups
- Advanced Care Planning Tools
- Home Healthcare
- Provider Services
- Dementia Education Sessions
- Memory Screenings

HEALTHY BRAIN & AGING  
PROGRAM  
956-247-3650



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